



The distance between your feet will change with each club in the bag as well as ball position. For the driver, position the ball off the left instep. The right shoulder should be lower than the left. Feet should be shoulder width apart with arms hanging naturally from the shoulders. Flare out both feet slightly. Your head and hands should be behind the ball.

3. STANCE

2. AIM

On the intended target line find a spot just in front of the ball and square the club face to that spot. Your shoulders, hips and feet should be parallel to the intended target line for normal shots. Practice by laying two clubs on the ground parallel to each other. One represents the target line to square club face and the other to align the body.

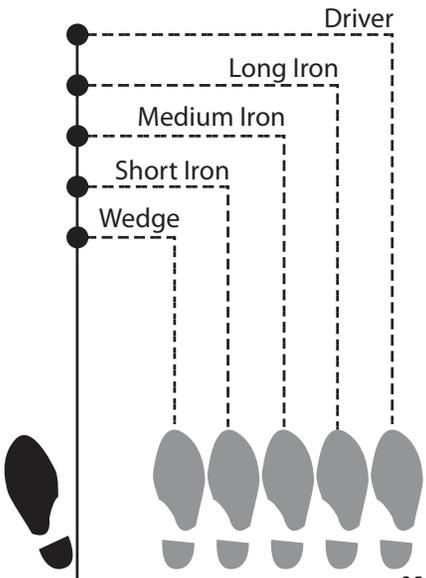


In an open stance pull the left foot back 2 to 3 inches from the intended target line. Turn the left toe slightly to the left to allow the hips to clear. Use an opened stance with sand traps, pitch shot, downhill and sidehill lies and ball below the feet.



OPEN STANCE

DIFFERENT CLUB SHOTS FEET DISTANCES



When playing a ball that is on an up slope take one more club than expected. Close and narrow your stance and play the ball forward. Your weight will favor your right side depending on the severity of the slope. Align your shoulders with the slope and aim right of your intended target as you will experience a right to left ball flight. Keep your head back and feel like your swing up the slope.

21. BALL ON A UPSLOPE

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Play ball off the left heel with half of the ball showing above the driver face. Position your head and body behind the ball with the eyes focused on the inside back of the ball. On the back swing your weight will shift to the right leg. At the top of the swing your left heel will have lifted naturally off the ground. To start the downswing simply replant the left heel and swing smoothly through the ball to a high finish.

6. DRIVER